



# JOHNSON ELEMENTARY SCHOOL THUNDERBIRD NEWS

OCTOBER 2021

## Halloween Update:

Halloween celebrations will take place on Friday, October 29th. Costumes will be allowed this year. Students can wear costumes all day. Costumes with blood or props such as swords etc. or excessive skin showing are not allowed. All food will be provided by the school. We kindly ask that parents do not send food items. Teachers will communicate specific plans.

## Important Information



Parent-Teacher Conferences will be held Monday, October 11th; Wednesday, October 13th; and Thursday, October 14th. Dismissal on Wednesday, October 13th is 2:10pm. Early release on Thursday, October 14th is 12:05pm for all students. There is no school on Friday, October 15th. School resumes on Monday, October 18th.

October 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7 *End of first quarter	8 *NO SCHOOL
11 *Parent Teacher Conferences	12	13 *Parent Teacher Conferences	14 *Half Day Dismissal at 12:05PM *Parent Teacher Conferences	15 *NO SCHOOL
18	19 *Picture Retakes	20	21	22
25	26	27	28	29

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# Principal's Corner



Very often, as educators we are asked by parents, “what can I do to support my child’s academic growth?”

You can support your child every day by building a few routines during your car time. As your family becomes comfortable with these car activities you can start new games and maybe even do them in the house.

## **Your First Priorities**

- Schedules and routines are important for everyone. Practicing this now promotes the lifelong skills of being conscientious of time and prepared to be successful as a person and as a student.
- o Screen time should be scheduled and monitored by parents.
- o Meal and bath time routines should be scheduled as well.

## **Resources for Parents**

**Games:** <https://www.parents.com/fun/vacation/ideas/8-fun-car-game-ideas/>

### **Sleep recommendations:**

[https://www.cdc.gov/sleep/about\\_sleep/how\\_much\\_sleep.html](https://www.cdc.gov/sleep/about_sleep/how_much_sleep.html)

<https://aasm.org/resources/pdf/pediatricsleepdurationconsensus.pdf>

<https://www.apa.org/monitor/2020/07/ce-corner-sleep>

# Physical Education



Hello from the JES Physical Education Department,

It is so wonderful to be back with all of the students here at Johnson Elementary. This year is going to be filled with great energy and educational offerings! Mr. Paul Beller is back for another fun filled year of learning and is joined by Mrs. Kate Taylor who brings a wide variety of teaching experiences within the Montrose Community. She is excited to be a part of the learning community here at JES!



For the first quarter of P.E., your child will be taking part in a mixture of fitness and fun activities that promote the development of independent learning as well as the importance of being a member of a team.

We are starting a picture wall to celebrate students' physical activities from summer vacation and weekends. Students can share with their classmates by bringing in mementos, pictures, and/or awards to display on our P.E. achievement wall. This can be anything physical that they are proud of so think outside the box. Examples include hiking photos, team jerseys, trophies, etc. We will display these in the gym for all to see and items will be returned quarterly at conferences.



The PE Department at JES is excited about our new school wide goal! Every week each class has the opportunity to run "Miles for Smiles". You may have even noticed a smiley face on your child's hand on PE weeks. Ask them what they are working towards! Each blue slip of paper on the Thunderbird chart represents 25 miles run and the goal is to fill up our Thunderbird for the grand total of 3,000 miles run!! Can we do it Thunderbirds?????

Yours in Learning,

Mrs. Taylor and Mr. Beller  
BBBBBRRRRRAAAHHHHH



Dear Parents:

Art is a unique language for communicating ideas and feelings. The Art Program at Johnson Elementary provides the opportunity for all students to succeed in expressing their emotions, talents, and character through their artwork. A sense of teamwork and individual achievement are carefully balanced to encourage all students to advance artistically during the course of their elementary education. Our Art Program attempts to familiarize all students with the world of Art Education while accounting for personal interests and cultural backgrounds.

During this month students have learned to understand and apply the basic components of visual arts, such as line and shape. Students have explored and used basic art materials, techniques, and processes in their art projects. All students had the opportunity to decorate their own art portfolio. In addition, the students produced original art drawings and paintings.

~ Elvira Butler, Art Teacher



# LIBRARY

Hello Johnson Families!

We are getting things moving in the Library. Thank you for returning your children's permission slips so promptly! Most students have now had an opportunity to visit and check out a book. This is exciting! Please remind your child(ren) to take good care of the books they borrow!

Exciting News!!! We will be having a Book Fair in the library again this year! Look for flyers to come home soon with your child(ren)! Also more details will be shared as we get closer to the dates of the fair. They will coincide with the dates of Parent Teacher Conferences!

So happy to be together and reading again!

Everyone stay healthy!

Mrs. Whitcomb (Ms. Books)





# Health News

It's been so nice to see everyone this year as we get back into the swing of things. Thank you for keeping your little one's home when they are sick. By doing so, you help reduce the spread of illness in school.

This year's school illness policy has changed and can be found under the Covid-19 Resource Tab on the school district website.

For one major or two minor symptoms, students **must** stay home 72 hours from the time they start to feel better. Please keep in touch with any questions regarding your child's return date.

Stay healthy, stay active, and Happy Fall!

# COUNSELOR'S CORNER



## Mrs. Jaramillo School Counselor

I would like to introduce myself and let you know a little about me. I am a mother of two wild boys who keep me on my toes. I love hockey, dancing, and the outdoors. This will be my 6<sup>th</sup> year at Johnson Elementary School and 17<sup>th</sup> year in education. Previously, I worked as a teacher and this is my second year as

the School Counselor. I am excited and eager to have the opportunity to help support students and families at Johnson Elementary. I have a passion for helping others in all areas of their lives. I have a Bachelor's of Arts in Elementary Education through Fort Lewis College, an Associate's Degree in Health and Human Services, and I am working toward a Master of Arts in School Counseling through the University of Denver. I am here for all students and want to ensure that your child has a productive and positive school year.

### What to expect when working with me...

While at Johnson, your child could see me individually, in a small group, or in the classroom. When your student comes to see me, know they will be listened to, heard, and valued. I will seek to get to know who they are as a person and listen to their thoughts, problems, and ideas with an open-mind and open heart. I will allow your child a safe space to share all their concerns, fears, and difficulties. We will focus on strengths and use these strengths to move forward. Together we will identify biggest needs and set goals to promote positive change.

**you matter.**



If you need to talk to me, I can be reached at (970)249-2584 or you can email me at [Marcie.jaramillo@mcsd.org](mailto:Marcie.jaramillo@mcsd.org). Please don't hesitate to contact me.